



MedMove!

MedMove! will accompany you when you take the first steps on your career path, by providing cover for health essentials such as private hospitalisation and emergency medical services through quality networks. You also have access to virtual and in-person doctors' consultations and medicine, as well as a selection of other medical services you may need.

At R1 254 per month



medihelp
Medical Aid in Action

Reasons to choose Medihelp

Experienced

117 years' experience instils confidence in the medical cover we provide

Involved

We don't outsource services but personally take care of your membership and claims

Stable

We maintain a solvency level well above what is legally required

Trusted

As one of the five largest open medical aids, we take care of close to 200 000 South Africans' healthcare needs



Day-to-day benefits

- Doctors' visits and virtual consultations
- Cover for medicine
- Dental check-ups and eye tests
- Physiotherapy consults
- Post-hospital benefit to help you recover after hospitalisation
- Contraceptive benefits

Added insured benefits

- Cover for health tests and screenings
- Flu vaccination

Core benefits

- Unlimited benefits for hospitalisation at private network hospitals
- Full trauma and emergency medical cover
- Full cover for 271 PMB conditions and PMB chronic medicine
- Specialised radiology benefit

Contributions

- Pay only R1 254 per month

Monthly contributions

Principal member		R1 254
Dependant		R1 254
Child dependant <26 years		R1 254

Day-to-day benefits

Network virtual GP consultations during nurse visits	Unlimited Member pays the first R120 per virtual network GP consultation (no deductible for nurse visits)
Network GP consultations	Member pays the first R120 per visit (visit 1-10 only) 11th visit onward - only listed conditions (R120 deductible for visits not applicable) Authorisation required after the 6th visit
Specialist consultations (PMB only)	Unlimited at network specialists
Physiotherapy	Member pays the first R120 per visit 2 visits per family
Self-medication	R100 per event, up to R475 per family
Acute medicine, standard radiology and pathology (Ampath)	R1 575 per family
Radiography	R1 160 per family
Eye test (PPN network)	One consultation per person per 24-month cycle Member pays the first R110 per consultation
Dental check-up (DRC network)	One routine check-up Member pays the first R110 per consultation
Post-hospital care for speech therapy, occupational therapy and physiotherapy	R2 100 per member and R3 000 per family

Added insured benefits

These benefits are provided in addition to your insured day-to-day benefits and are activated when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Health screening tests	<ul style="list-style-type: none"> One combo health screening (blood glucose, cholesterol, BMI & blood pressure measurement) or an individual test (blood glucose or cholesterol) HIV testing, counselling & support
Preventive care benefits	<ul style="list-style-type: none"> A flu vaccine A Pap smear every 3 years
Contraceptives	<ul style="list-style-type: none"> Oral/injectable/implantable contraceptives - R100 per month, up to R1 300 per year Intra-uterine device - R1 785 every 60 months
Supporting wellness	<ul style="list-style-type: none"> Oncology programme HIV/Aids programme

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Network hospitals Day procedure network applies to all day procedures Member pays a R1 580 deductible (PMB admission excluded)
Neonatal hospitalisation	R48 615 per family
Trauma that necessitates hospitalisation	Unlimited
Childbirth	PMB - unlimited
Specialised radiology	<ul style="list-style-type: none"> MRI and CT imaging R12 440 per family Angiography PMB - unlimited
Standard radiology, pathology (Ampath) and medical technologist services	Unlimited when admitted to a network hospital
Emergency transport (Netcare 911)	Unlimited (country of residence: RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia & Botswana)
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Oxygen	PMB - unlimited
Mental health (psychiatric treatment)	PMB - unlimited
Cancer treatment	PMB - unlimited
Organ transplants	PMB - unlimited
Palliative care	R18 900 per family
Other core benefits	Including renal dialysis, hospice, subacute care and private nursing services as an alternative to hospitalisation

Important:

This is only a summary of the available benefits and deductibles may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

