



# MedPlus

Medihelp's top-of-the-range plan offers the most extensive cover for medical emergencies, private hospitalisation and preventive care, as well as substantial provision for acute and chronic medicine, radiology, pathology and other day-to-day medical expenses.

## From R10 980 per month



# medihelp

Medical Aid in Action

## Reasons to choose Medihelp

### Experienced

117 years' experience instils confidence in the medical cover we provide

### Involved

We don't outsource services but personally take care of your membership and claims

### Stable

We maintain a solvency level well above what is legally required

### Trusted

As one of the five largest open medical aids, we take care of close to 200 000 South Africans' healthcare needs



### Comprehensive day-to-day benefits

#### Day-to-day benefits

- Generous cover for GP and specialist consultations
- Excellent cover for acute and chronic medicine, radiology and pathology
- Dental & optometry cover

#### Added insured benefits

- Activate an additional GP visit and R475 for self-medication after completion of health tests and screenings
- Additional rich maternity and baby benefits
- Cover for health tests, vaccinations and screenings in every life stage




#### Core benefits

- **Extensive in-hospital cover**
- Cover for quality private hospitalisation with no overall annual limit
- Full trauma and emergency medical cover
- Full cover for 271 PMB conditions and PMB chronic medicines

#### Contributions

- You pay child dependant rates until your children turn 26

## Monthly contributions

Principal member		R10 980
Dependant		R10 980
Child dependant <26 years		R2 742

Children pay child dependant rates until they turn 26

## Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing and supplementary health services	R4 100 per person (pooled per family)
Acute medicine	R7 500 per person (pooled per family)
Non-PMB chronic medicine	R21 000 per person
External prostheses and medical appliances	Per person per 3-year cycle <ul style="list-style-type: none"> <li>Artificial eyes – R18 000</li> <li>Speech and hearing aids – R18 000</li> <li>Wheelchairs – R9 800</li> <li>Artificial limbs – R9 800</li> <li>Wigs – R2 100</li> </ul>
	CPAP apparatus – R10 900 per person per 2-year cycle
	Medical appliances and hyperbaric oxygen treatment – R2 100 per person
Optometry (PPN)	Per person per 24-month cycle <ul style="list-style-type: none"> <li>R1 030 for a frame/lens enhancements</li> <li>R1 730 for contact lenses</li> </ul>
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 210 per family
Pathology (Ampath)	Unlimited
<b>Care extender benefit</b>	
One additional GP consultation	Activates for the family once the first claim for a specified health test* is paid from your added insured benefits
R475 for self-medication	Activates for the family once the first claim for a combo health screening** is paid from your added insured benefits

### Important:

This is only a summary of the available benefits and deductibles may apply to certain benefits. Please consult the registered Rules of Medihelp and your plan's brochure for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

## Added insured benefits

These benefits are provided in addition to your insured day-to-day benefits and are activated when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	<ul style="list-style-type: none"> <li>10 antenatal and post-natal consultations at a midwife/GP/gynaecologist</li> <li>2 antenatal and post-natal consultations at a dietician/lactation specialist/antenatal classes</li> <li>Two 2D ultrasound scans</li> <li>9 months' antenatal iron supplements</li> <li>9 months' antenatal folic acid supplements</li> </ul>
Babies <2 years	2 consultations at a paediatrician/GP/ear, nose and throat specialist
Child immunisation	Standard immunisation up to 7 years
Health screenings	<ul style="list-style-type: none"> <li>One combo health screening (blood glucose, cholesterol, BMI &amp; blood pressure measurement)**</li> <li>or</li> <li>an individual test (blood glucose or cholesterol)</li> <li>HIV testing, counselling &amp; support</li> </ul>
Preventive care benefits	<ul style="list-style-type: none"> <li>A tetanus vaccine</li> <li>A flu vaccine</li> <li>A mammogram* every 2 years</li> <li>A Pap smear* every 3 years</li> <li>A prostate test*</li> <li>A Pneumovax vaccine</li> <li>An FOBT test*</li> <li>A bone mineral density test* every 2 years</li> <li>2 HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years</li> </ul>
Contraceptives	<ul style="list-style-type: none"> <li>Oral/injectable/implantable contraceptives – R170 per month, up to R2 210 per year</li> <li>Intra-uterine device – R2 600 every 60 months</li> </ul>
Supporting wellness	<ul style="list-style-type: none"> <li>Back treatment at a Document Based Care facility (a prerequisite for spinal column surgery)</li> <li>One dietician consultation if BMI is &gt;30</li> </ul>

## Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	<ul style="list-style-type: none"> <li>In hospital – unlimited</li> <li>Home delivery – R14 900 per event</li> </ul>
Specialised radiology	<ul style="list-style-type: none"> <li>Angiography, MRI and CT imaging – unlimited</li> <li>PET scans – R25 000 per case</li> </ul>
Post-hospital care for speech therapy, occupational therapy and physiotherapy	R2 100 per member and R3 000 per family
Emergency transport (Netcare 911)	<ul style="list-style-type: none"> <li>In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia &amp; Botswana)</li> <li>Outside country of residence R2 320 for road transport and R15 400 for air transport</li> </ul>
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	Unlimited
Mental health (psychiatric treatment)	R49 000 per person to a maximum of R66 600 per family
Health-essential functional prostheses	R70 300 per person <ul style="list-style-type: none"> <li>Intra-ocular lenses – R4 700 per lens, 2 lenses per person</li> <li>Hip, knee and shoulder replacement – PMB and non-PMB</li> </ul>
Other prostheses	<ul style="list-style-type: none"> <li>EVARs prosthesis – R148 200 per person</li> <li>Vascular/cardiac prosthesis – R63 400 per person</li> <li>Prosthesis with reconstructive or restorative surgery and external breast prostheses – R10 800 per family</li> <li>Implantable hearing devices (including device and components) – R305 000 per person</li> </ul>
Organ transplants	PMB only – unlimited Cornea implants – R32 600 per implant Bone marrow/stem cell transplants – R359 000 per person
Palliative care	R30 700 per family
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care and private nursing services as an alternative to hospitalisation

