

# Dimension Prime 2 – 2017 Network and Non-network


This option provides comprehensive hospital cover and a savings plan combined with insured benefits for GP consultations as well as pregnancy, baby, preventive and eye care benefits. The network alternative will save you 22% in premiums.



## why medihelp

### it's all about you

Everyone is unique, but the need to secure our wellness is something we all share. That is why Medihelp has individualised our approach to fulfil your healthcare needs with:

 Options and value to suit every stage of your life

Consistent service on online and offline service platforms

#### Peace of mind

- Unlimited cover for trauma and emergencies
- No overall annual limit on hospital cover
- Support and treatment programmes for a selection of specific illnesses



## 2 a sound healthcare investment

Medihelp ticks all the boxes of a sound investment

**111** years' experience and a solid reputation


One of the largest open medical schemes in the industry

## 3 individualised value

We will secure your wellness no matter what your income is or where you stay

A menu of separate additional insured benefits

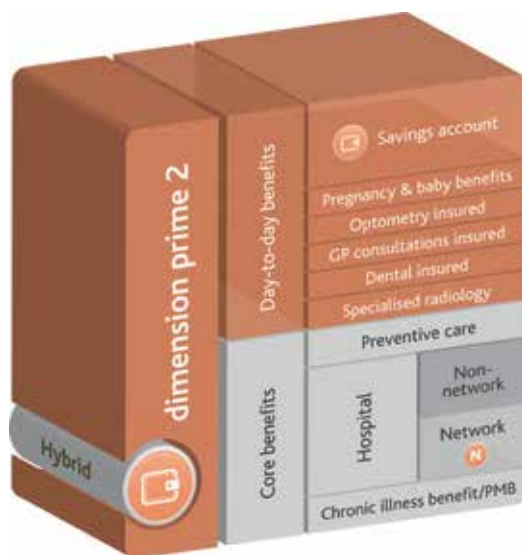


 An income-based option ideal for corporate groups and students




An individualised, free wellness programme provides relevant support during every life stage



## summary of benefits



### Monthly contributions

	Dimension Prime 2	Dimension Prime 2 Network
<b>Principal member</b> 	R2 136 (R258 savings contribution included per month and R3 096 per year)	R1 668 (R204 savings contribution included per month and R2 448 per year)
<b>Dependant</b> 	R1 746 (R210 savings contribution included per month and R2 520 per year)	R1 368 (R168 savings contribution included per month and R2 016 per year)
<b>Child dependant &lt;26 years</b> 	R642 (R78 savings contribution included per month and R936 per year)	R498 (R60 savings contribution included per month and R720 per year)

You pay child dependant rates for kids until they are 26 years old and you only pay for the first two children under 18.

## additional insured benefits



#### Health tests

- 1 combo test (blood glucose, cholesterol, BMI and blood pressure measurement) or individual blood glucose and/or cholesterol tests and HIV counselling and testing (at Clicks and Dis-Chem clinics)
- \*Routine tests, including mammograms, pap smears and prostate tests, FOBT and bone mineral density tests



#### Immunisation

One per beneficiary per year

- Standard kids immunisation (< 7 years)
- Flu vaccine
- Tetanus vaccine
- \*HPV vaccine
- \*Pneumovax vaccine for beneficiaries registered with asthma or COPD



#### Back treatment programme

One Document-Based Care (DBC) programme per beneficiary per year at a DBC facility (subject to protocols and pre-authorisation)

#### Pregnancy and baby benefits

- 6 pregnancy consultations & two 2D sonars
- Two consultations (< 1 year)



## core benefits



#### Trauma cover

Unlimited cover for trauma that necessitates hospitalisation in the case of motor vehicle accidents, stab wounds and similar trauma. Post-exposure prophylaxis in the event of sexual assault or accidental exposure to HIV.



#### Emergency cover (Netcare 911)

##### In beneficiary's country of residence

RSA, Lesotho, Swaziland, Mozambique, Namibia and Botswana

Unlimited emergency cover for transport by road or air

##### Outside beneficiary's country of residence

Road transport – R1 800 per case  
Air transport – R11 800 per case



#### Essential cover

We offer 100% cover for 270 conditions and 26 chronic diseases treated by designated service providers and networks according to treatment protocols and subject to pre-authorisation

## core benefits

### Hospitalisation

Cover at 100% of the MT for hospitalisation  
**Dimension Prime 2** – any hospital  
**Dimension Prime 2 Network** – network hospitals

### Post-hospital care

Up to 30 days after discharge for speech therapy, occupational therapy and physiotherapy  
Member = R1 650 per year  
Member+ = R2 200 per year

### Organ transplants

100% of the cost  
Cornea implants – R24 750 per implant per year

### Neurostimulators

R95 750 per beneficiary per year

### Confinement (childbirth)

In hospital – 100% of the MT  
Home delivery – R11 350 per event

### Psychiatric treatment of a mental health condition

R21 000 per beneficiary per year (maximum R28 750 per family per year)

### Other covered procedures

Pre-authorisation and protocols apply  
Oncology, renal dialysis, oxygen and hospice, sub-acute care and private nursing services as an alternative to hospitalisation

### Appendectomy

- Conventional – 100% of the MT – Unlimited
- Laparoscopic – 100% of the MT – Hospitalisation – R15 000

### Specialised radiology

In and out of hospital  
MRI and CT imaging (subject to pre-authorisation) and angiography – 100% of the MT  
Unlimited  
Member pays the first R1 500 per examination

### Standard radiology, pathology and medical technologist services

In hospital – 100% of the MT  
Out of hospital – savings account

### Prostatectomy

- Conventional or laparoscopic – Unlimited – 100% of the MT
- Robotic assisted laparoscopy – 100% of the MT – Hospitalisation – R95 000

## day-to-day benefits

### Insured GP consultations

Member = 2 GP consultations per year  
M+ = 4 GP consultations per year  
Additional consultations and other services paid from savings account

### PMB chronic medicine

100% of the Medihelp Reference Price  
**Dimension Prime 2 Network:**  
DSP & formulary apply

### Other day-to-day medical expenses

Paid from savings account

### Optometry

PPN network applies  
Spectacles or contact lenses per beneficiary per 24-month cycle  
R200 per for a frame or  
R950 for contact lenses

### External prostheses, medical, surgical and orthopaedic appliances

Services in and out of hospital

- Hyperbaric oxygen treatment – R550 per family per year
- All other appliances paid from savings account

### Dentistry

Denis network applies

- Emergency dental benefits
  - 2 emergency visits (2 extractions per visit and pulp amputation and/or removal: 2 per visit)
- Conservative & specialised services paid from savings account, subject to Denis protocols

## other benefits

### Internally implanted prostheses

- EVARS prosthesis – R111 800 per beneficiary per year
- Vascular/cardiac prosthesis – R47 900 per beneficiary per year
- Health-essential functional prosthesis – R53 050 per beneficiary per year:
  - Hip, knee and shoulder replacement as the only clinically appropriate treatment in case of acute injury (protocols apply):
    - Hospitalisation: 100% of the MT
    - Non-PMB prosthesis: Health-essential functional prosthesis benefit applies
  - Intra-ocular lenses: R3 600 per lens, 2 lenses per beneficiary per year, paid from health-essential functional prosthesis benefit
- Prosthesis with reconstructive or restorative surgery – R8 300 per family per year
- External breast prostheses (in and out of hospital) – savings account

## deductibles

### Procedure-specific deductibles

**Back and neck fusion** – Member pays the first R9 000 and Medihelp pays the balance at 100% of the MT

**Endoscopic procedures** – Member pays the first R3 400 per admission for gastroscopy, colonoscopy, arthroscopy and sigmoidoscopy and Medihelp pays the balance at 100% of the MT

**Dental procedures under general anaesthesia during hospitalisation** – Member pays the first R1 900 per admission and Medihelp covers the difference at 100% of the MT, only for the removal of impacted teeth (item codes 8941/8943/8945 on dentist's account) and extensive dental treatment for children younger than 5 years, once per lifetime (dentist's account: savings account)

### Pre-authorisation is important

Always pre-authorise services such as hospitalisation, emergency transport and oxygen to prevent co-payments

### Please note

This brochure provides only a summary of the available benefits. Please consult the registered Rules of Medihelp for more information and details of services that are excluded from benefits. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes).

\* Linked to a specific age/gender/item code in some cases



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Medihelp is an authorised financial services provider (FSP No 15738)

HPV – Human papilloma virus  
BMI – Body mass index  
COPD – Chronic obstructive pulmonary disease  
FOBT – Faecal occult blood test  
MT – Medihelp tariff paid by Medihelp for benefits that can include a contracted tariff or the single exit price.