

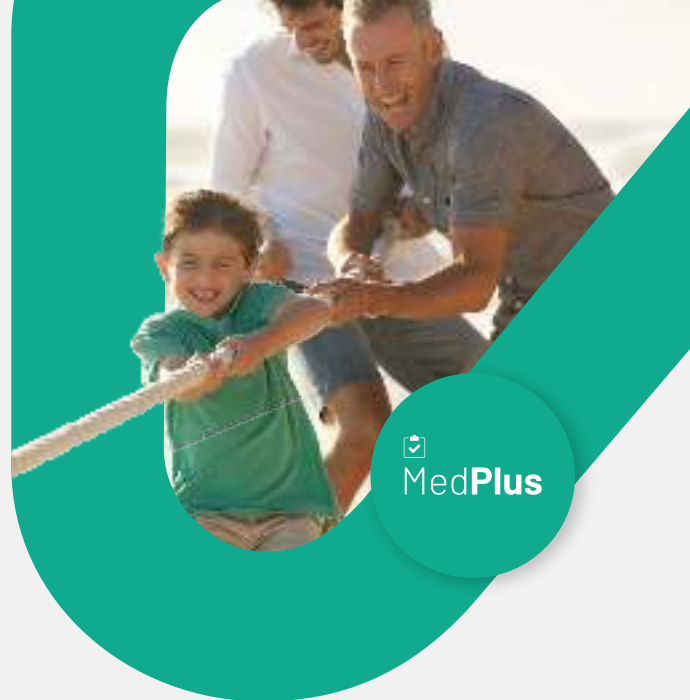


medihelp

120<sup>+</sup>  
YEARS

# Top-of-the-range extensive cover

From  
**R15 486**  
per month



MedPlus

## Day-to-day benefits

### Comprehensive cover



GPs



Specialists



Dentistry



Physiotherapy



Medicine



Optometry

### Post-hospital care

Up to 30 days after discharge from hospital or a day procedure facility.

## Added insured benefits



**Contraceptives**  
R2 520/R2 940



**10 maternity consultations**



**2 GP/specialist visits for children under 2 years**



**Preventive care**  
Health tests and screenings

### Care extender



**1 GP visit**



**R1 000 self-medication**

Activated after completing certain health screenings/tests

## Core benefits



**Trauma and emergency medical cover**



**Quality private hospitalisation**



Care for **271 PMB** diagnoses and all CDL conditions



**Specialised radiology** in and out of hospital

## Monthly contributions

|                           | MedPlus        |
|---------------------------|----------------|
| Main member               | <b>R15 486</b> |
| Dependant                 | <b>R15 486</b> |
| Child dependant <26 years | <b>R3 864</b>  |

### Quality private hospitalisation

Pay child dependant rates until your children turn 26.

Medihelp is an authorised financial services provider (FSP no 15738).

This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

## Monthly contributions

|                           |                                                                                   |         |
|---------------------------|-----------------------------------------------------------------------------------|---------|
| Main member               |  | R15 486 |
| Dependant                 |  | R15 486 |
| Child dependant <26 years |  | R3 864  |

Children pay child dependant rates until they turn 26

## Day-to-day benefits

|                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services | R4 700 per person (pooled per family)                                                                                                                                                                                                                                                                                                                                             |
| Acute medicine                                                                                                                              | R8 600 per person (pooled per family)                                                                                                                                                                                                                                                                                                                                             |
| Non-PMB chronic medicine                                                                                                                    | R24 200 per person                                                                                                                                                                                                                                                                                                                                                                |
| External prostheses and medical appliances                                                                                                  | Per person per three-year cycle <ul style="list-style-type: none"> <li>Artificial eyes – R20 700</li> <li>Speech and hearing aids – R20 700</li> <li>Wheelchairs – R11 200</li> <li>Artificial limbs – R11 200</li> <li>Wigs – R2 400</li> </ul> CPAP apparatus – R12 495 per person per two-year cycle<br>Medical appliances and hyperbaric oxygen treatment – R2 400 per person |
| Optometry (Opticlear network)                                                                                                               | Per person per 24-month cycle <ul style="list-style-type: none"> <li>R1 190 for a frame/lens enhancements</li> <li>R1 925 for contact lenses</li> </ul>                                                                                                                                                                                                                           |
| Conservative dentistry (DRC network)                                                                                                        | Routine check-ups, fillings, X-rays, and oral hygiene                                                                                                                                                                                                                                                                                                                             |
| Specialised dentistry (DRC network)                                                                                                         | Crowns, implants, bridges, and orthodontic treatment                                                                                                                                                                                                                                                                                                                              |
| Standard radiology                                                                                                                          | Unlimited                                                                                                                                                                                                                                                                                                                                                                         |
| Radiography                                                                                                                                 | R1 365 per family                                                                                                                                                                                                                                                                                                                                                                 |
| Pathology (Ampath, Lancet, and PathCare Vermaak)                                                                                            | Unlimited                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Care extender benefit</b>                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                   |
| One additional GP consultation                                                                                                              | Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits                                                                                                                                                                                                                                                            |
| R1 000 for self-medication dispensed at a network pharmacy                                                                                  | Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits                                                                                                                                                                                                                                                          |

### Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

## Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric details from your health screening results from Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

|                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Maternity benefits       | <ul style="list-style-type: none"> <li>Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist</li> <li>Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes</li> <li>Two 2D ultrasound scans</li> <li>Nine months' antenatal iron supplements</li> <li>Nine months' antenatal folic acid supplements</li> <li>Hearing screening for newborns up to 8 weeks, in and out of hospital</li> </ul> |
| Babies <2 years          | Two consultations at a paediatrician/GP/ear, nose, and throat specialist                                                                                                                                                                                                                                                                                                                                                                                    |
| Child immunisation       | Standard immunisation up to seven years                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Health screenings        | One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**                                                                                                                                                                                                                                                                                                                                                              |
| Preventive care benefits | <ul style="list-style-type: none"> <li>A tetanus vaccine</li> <li>A flu vaccine</li> <li>A mammogram* every two years</li> <li>A Pap smear* every three years</li> <li>A prostate test*</li> <li>Faecal occult blood test (FOBT)*</li> <li>A bone mineral density test* every two years</li> <li>Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years</li> </ul>                                                        |
| Contraceptives           | <ul style="list-style-type: none"> <li>Oral/injectable/implantable contraceptives – R190 per month, up to R2 520 per year</li> <li>Intra-uterine device – R2 940 every 60 months</li> </ul>                                                                                                                                                                                                                                                                 |

## Core benefits

In-hospital treatment and life-essential services (insured benefits)

|                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Hospitalisation                                                                                                                                                                | No overall annual limit<br>Any private hospital, and day procedure facilities apply for certain day procedures                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/ chronic medicine | R750 per admission                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Refractive surgery                                                                                                                                                             | Unlimited                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Trauma that necessitates hospitalisation                                                                                                                                       | Unlimited                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Childbirth                                                                                                                                                                     | <ul style="list-style-type: none"> <li>In hospital – unlimited</li> <li>Home delivery – R17100 per event</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Specialised radiology                                                                                                                                                          | <ul style="list-style-type: none"> <li>MRI and CT imaging – unlimited</li> <li>PET scans – R28 800 per case</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Post-hospital care for speech therapy, occupational therapy, and physiotherapy                                                                                                 | R2 415 per member and R3 465 per family, including discharge from a day procedure facility                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Emergency transport (Netcare 911)                                                                                                                                              | <ul style="list-style-type: none"> <li>In country of residence: Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana)</li> <li>Outside country of residence: R2 600 for road transport and R17 700 for air transport</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Treatment of life-threatening conditions                                                                                                                                       | Unlimited<br>Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| PMB medicine                                                                                                                                                                   | Unlimited                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Cancer treatment                                                                                                                                                               | <ul style="list-style-type: none"> <li>R682 500 per family</li> <li>Exceptional medicine – R250 000</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Mental health (psychiatric treatment)                                                                                                                                          | <ul style="list-style-type: none"> <li>Hospitalisation and professional psychiatric services: R56 500 per beneficiary per year to a maximum of R76 900 per family per year, including one educational psychologist consultation per beneficiary per year to diagnose autism</li> <li>Treatment of depression out of hospital, subject to registration on the Mental Health Programme: R6 300 per beneficiary per year, subject to the in-hospital limit, for services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses</li> <li>Medicine: R170 per beneficiary per month, subject to the in-hospital limit</li> </ul> |
| Health-essential functional prostheses                                                                                                                                         | <ul style="list-style-type: none"> <li>R81 200 per person</li> <li>Intra-ocular lenses – R5 900 per lens, two lenses per person</li> <li>Hip, knee, and shoulder replacement – PMB and non-PMB</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| Other prostheses                                                                                                                                                               | <ul style="list-style-type: none"> <li>EVARS prosthesis – R171 400 per person</li> <li>Vascular/cardiac prosthesis – R73 200 per person</li> <li>Prosthesis with reconstructive or restorative surgery and external breast prostheses – R12 300 per family</li> <li>Implantable hearing devices (including device and components) – R353 000 per person</li> <li>Out-of-hospital benefit: R189 000 sub-limit per beneficiary per 5-year period for replacement of the sound processor</li> </ul>                                                                                                                                                                               |
| Organ transplants                                                                                                                                                              | <ul style="list-style-type: none"> <li>PMB only – unlimited</li> <li>Cornea implants – R37 600 per implant</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Palliative care                                                                                                                                                                | R35 400 per family                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Wound care                                                                                                                                                                     | Unlimited, subject to pre-authorisation and clinical protocols, alternative to hospitalisation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Other core benefits                                                                                                                                                            | Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |