

MERIDIAN<sup>400</sup>

Premiums are determined by age at entry, and there's no maximum entry age.

IF YOU'RE  
35 OR  
YOUNGER



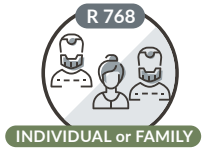
IF YOU'RE  
BETWEEN  
36 AND 64



IF EVERYONE IN  
THE FAMILY IS  
64 OR YOUNGER



IF YOU OR  
ANYONE  
IN THE FAMILY  
IS 65 OR OLDER



Our **middle-of-the-range option** covers the most often experienced **in-hospital** medical expense shortfalls.

One **Gap Cover** policy covers you and your spouse, even if you belong to different medical aid plans, including dependants registered on either plan. Child dependants may remain on your policy regardless of age but must apply for their own policy when applying for their own medical aid plan. Full-time students **26 or younger** may remain on your policy, even if they belong to a different medical aid plan, provided proof of full-time studies is submitted annually.

| OVERALL POLICY LIMIT (OPL) |                                                                           |    |     | BENEFITS SUBJECT TO AN OVERALL POLICY LIMIT (OPL)<br><i>An OPL of R 219 845 per insured person per year applies to the following benefits or any higher amount published by the Regulator during the year.<br/>All approved claim amounts will be deducted from the available OPL.</i>                                                                                                                                                               |  |
|----------------------------|---------------------------------------------------------------------------|----|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|                            | IN- OR OUT-OF-HOSPITAL COVER                                              | IN | OUT |                                                                                                                                                                                                                                                                                                                                                                                                                                                      |  |
|                            | <b>GAP BENEFIT</b>                                                        |    |     | Covers <b>shortfalls</b> when doctors, specialists and other healthcare providers charge more than your medical aid plan's rate, as long as your medical aid pays an amount from a <b>hospital benefit</b> , also known as a <b>risk or major medical benefit</b> .                                                                                                                                                                                  |  |
|                            | Medical Expense Shortfalls                                                | ✓  |     | Pays up to an <b>additional 400%</b> on top of your medical aid plan's rate to cover <b>shortfalls</b> related to <b>in-hospital</b> medical procedures, surgeries, treatments, consumable items, medication administered during your medical event, pathology, physiotherapy, and Prescribed Minimum Benefit (PMB) medical procedures.<br>Subject to the <b>OPL of R 219 845 per insured person per year</b> .                                      |  |
|                            | <b>CO-PAYMENT BENEFITS</b><br>There are <b>three benefit categories</b> . |    |     | <b>Refunds</b> co-payments that your <b>medical aid imposes</b> as rand amounts or percentages for admissions and medical procedures, as long as the co-payments are paid from your <b>medical savings account or pocket</b> .                                                                                                                                                                                                                       |  |
|                            | Admission and Procedure Co-Payments                                       | ✓  |     | Claim as many co-payments as needed when admitted to a day clinic or hospital or before undergoing a medical procedure, such as an in-hospital scope or scan.<br>Subject to the <b>OPL of R 219 845 per insured person per year</b> .                                                                                                                                                                                                                |  |
|                            | Penalty Co-Payments                                                       | ✓  |     | When using a day clinic, hospital and healthcare provider outside your medical aid's preferred network for a planned medical procedure.<br>Limited to <b>1 co-payment up to R 10 500 per policy per year</b> .                                                                                                                                                                                                                                       |  |
|                            | Scope Co-Payments                                                         |    | ✓   | Claim the co-payments that apply to <b>out-of-hospital</b> scopes, such as cystoscopies and gastroscopies.<br>Limited to <b>2 co-payments up to R 4 000 per co-payment per policy per year</b> .                                                                                                                                                                                                                                                     |  |
|                            | <b>DENTAL COVER</b>                                                       |    |     | <b>DENTAL COVER</b> is made up of various benefits that cover dental procedure-related <b>shortfalls</b> and <b>refund</b> co-payments.                                                                                                                                                                                                                                                                                                              |  |
|                            | Specialist Shortfalls                                                     | ✓  |     | Subject to our <b>GAP BENEFIT</b> that covers <b>shortfalls</b> when dentists and specialists charge more than your medical aid plan's rate for the following in-hospital medical events:<br>• Dental procedures, such as dental implants and wisdom teeth extractions:<br>Limited to <b>R 10 000 per policy per year</b> .<br>• Dental procedures due to accidental events or cancer treatment:<br>Limited to <b>R 28 000 per policy per year</b> . |  |
|                            | Admission and Procedure Co-Payments                                       | ✓  |     | Claim day clinic or hospital admission and dental procedure-related co-payments from our <b>ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT</b> .<br>Claim the penalty co-payment from our <b>PENALTY CO-PAYMENT BENEFIT</b> when using a day clinic or hospital outside your medical aid's preferred network.                                                                                                                                            |  |

Waiting periods and the **Limited Payout Benefit** may apply. Refer to the **Waiting Periods** page.

|                                                                                     | IN- OR OUT-OF-HOSPITAL COVER                                          | IN | OUT |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------|----|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|    | <b>MATERNITY COVER</b>                                                |    |     | MATERNITY COVER is made up of various benefits that cover pre- to post-bump <b>shortfalls</b> and <b>refund</b> co-payments.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                     | <b>BEFORE THE DELIVERY</b><br>Preventative Procedures                 |    | ✓   | Subject to our PREVENTATIVE CARE BENEFIT that covers <b>shortfalls</b> or the <b>total cost</b> of pre-natal procedures, such as a flu vaccination in your second trimester or a full blood count test.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                     | <b>THE DELIVERY</b><br>Childbirth Shortfalls                          | ✓  | ✓   | Subject to our GAP BENEFIT that covers <b>shortfalls</b> when healthcare professionals, such as your gynaecologist or midwife, charge more than your medical aid plan's rate for delivering your baby in the hospital or at home.                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|                                                                                     | Admission and Procedure Co-Payments                                   | ✓  |     | When co-payments apply to elective caesareans, claim it from our <b>ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT</b> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                                                                     | Penalty Co-Payments                                                   | ✓  |     | Claim the penalty co-payment from our <b>PENALTY CO-PAYMENT BENEFIT</b> when using a hospital outside your medical aid's preferred network.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|                                                                                     | <b>AFTER THE DELIVERY</b><br>Immunisations and Birth Control          |    | ✓   | Subject to our PREVENTATIVE CARE BENEFIT that covers <b>shortfalls</b> or the <b>total cost</b> of childhood immunisations and contraceptive device implants.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|    | <b>SUB-LIMIT BENEFIT</b><br>Internal Prosthetic Device Shortfalls     | ✓  |     | Covers the <b>difference</b> in the cost of internal prosthetic devices implanted into your body when your medical aid pays part of the cost from a <b>sub-limit</b> or <b>annual limit</b> .<br>Limited to <b>2 events</b> up to <b>R 20 000 per event per policy per year</b> .                                                                                                                                                                                                                                                                                                                                                                                                                              |
|    | <b>RADIOLOGY COVER</b>                                                |    |     | RADIOLOGY COVER is made up of various benefits that cover <b>shortfalls</b> on basic and specialised radiology, <b>refund</b> MRI, CT, and PET scan co-payments, and pay the <b>difference</b> in the cost of a scan when your medical aid doesn't cover the total cost.                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                                                                                     | Radiology Shortfalls                                                  | ✓  |     | Subject to our GAP BENEFIT that covers <b>shortfalls</b> when the radiologist or radiology facility charges more than your medical aid plan's rate for <b>in-hospital</b> basic and specialised radiology.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                     | MRI, CT and PET Scan Co-Payments                                      | ✓  |     | Claim <b>in-hospital</b> MRI, CT, and PET scan co-payments from our <b>ADMISSION AND PROCEDURE CO-PAYMENT BENEFIT</b> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                     | MRI, CT and PET Scan Co-Payments                                      |    | ✓   | Claim <b>out-of-hospital</b> MRI, CT, and PET scan co-payments.<br>Limited to <b>2 co-payments</b> up to <b>R 4 000 per co-payment per policy per year</b> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|                                                                                     | MRI, CT and PET Scan Sub-Limits                                       | ✓  | ✓   | Our <b>MRI, CT AND PET SCAN SUB-LIMIT BENEFIT</b> covers the <b>difference</b> in the cost of <b>in- and out-of-hospital</b> scans when your medical aid pays part of the cost from a <b>sub-limit</b> or <b>annual limit</b> .<br>Limited to <b>R 5 000 per insured person per event</b> .                                                                                                                                                                                                                                                                                                                                                                                                                    |
|  | <b>CANCER BENEFITS</b>                                                |    |     | Covers cancer treatment <b>shortfalls</b> , <b>total cost</b> of ongoing treatment, and <b>refunds</b> cancer-related co-payments when your medical aid plan's oncology benefit limit has been reached.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|                                                                                     | Cancer Treatment Shortfalls                                           | ✓  | ✓   | <ul style="list-style-type: none"> <li>Covers <b>shortfalls</b> when healthcare providers charge more than what your medical aid pays from an <b>oncology benefit</b> for in- or out-of-hospital cancer treatment. Typically covers biological medication, chemotherapy, radiotherapy, oncologist consultations, and specialised radiology, such as bone density and PET scans, subject to the oncology treatment plan approved by your medical aid.</li> <li><b>Refunds</b> oncology-related co-payments imposed by your medical aid as rand amounts or percentages when your medical aid plan's oncology benefit limit has been reached.</li> </ul> Limited to <b>R 50 000 per insured person per year</b> . |
|                                                                                     | Cancer Treatment Top-Up                                               | ✓  | ✓   | Covers the <b>total cost</b> of ongoing cancer treatment when your medical aid plan's oncology benefit limit has been reached.<br>Limited to <b>R 50 000 per insured person per year</b> .                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|  | <b>CASUALTY BENEFITS</b><br>There are <b>two benefit categories</b> . |    |     | Covers <b>shortfalls</b> when your medical aid pays part of the cost of a casualty event from a <b>risk, insured day-to-day or block benefit</b> , or the <b>total cost</b> when paid from your <b>medical savings account or pocket</b> , subject to our benefit limits.                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                                     | <b>ACCIDENTAL EVENTS</b><br>Individuals of <b>All Ages</b>            |    | ✓   | Covers the whole family at any registered medical facility, such as the doctor's room or hospital's emergency unit, when medical treatment is required <b>within 24 hours</b> of an accident.<br>Typically covers basic and specialised radiology, co-payments, facility and doctors' consultation fees, and medication administered during an event.<br><ul style="list-style-type: none"> <li>External medical items received at the medical facility, such as a neck brace:</li> </ul> Limited to <b>2 events</b> up to <b>R 1 000 per insured person per event</b> , subject to the <b>R 9 500</b> benefit limit.                                                                                          |
|                                                                                     | <b>ILLNESS EVENTS</b><br>Individuals of <b>All Ages</b>               |    | ✓   | Covers the whole family for after-hours illness-related events at any registered casualty facility between <b>19:00</b> and <b>7:00</b> Monday through Friday and all day Saturday, Sunday, and public holidays.<br>Limited to <b>2 events</b> up to <b>R 3 000 per event per policy per year</b> .                                                                                                                                                                                                                                                                                                                                                                                                            |

Waiting periods and the **Limited Payout Benefit** may apply. Refer to the **Waiting Periods** page.

|                                                                                   | IN- OR OUT-OF-HOSPITAL COVER      | IN | OUT                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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|  | <b>TRAUMA COUNSELLING BENEFIT</b> |    |  | <p>Covers <b>shortfalls</b> when your medical aid pays part of your registered counsellor's consultation fees from a <b>risk, insured day-to-day or block benefit</b>, or the <b>total cost</b> when paid from your <b>medical savings account or pocket</b>, subject to our benefit limit.</p> <p>Covers you when:</p> <ul style="list-style-type: none"> <li>• you witness an accident or act of physical violence;</li> <li>• are directly affected by an accident or act of physical violence, for example, suffering bodily injury resulting in total and permanent disability;</li> <li>• receive news of a loved one's or your own diagnosis of a critical illness; or</li> <li>• mourn the death of a loved one.</li> </ul> <p>Limited to <b>3 consultations</b> up to <b>R 2 000 per consultation per policy per year</b>.</p>                                                                                                              |
|  | <b>PREVENTATIVE CARE BENEFIT</b>  |    |  | <p>Covers <b>shortfalls</b> when your medical aid pays part of your healthcare provider's consultation fee or the cost of the below-listed preventative tests or procedures from a <b>risk, insured day-to-day or block benefit</b>, or the <b>total cost</b> when paid from your <b>medical savings account or pocket</b>, subject to our benefit limit:</p> <ul style="list-style-type: none"> <li>• blood glucose tests;</li> <li>• bone density scans;</li> <li>• childhood immunisations;</li> <li>• cholesterol tests;</li> <li>• contraceptive device implants;</li> <li>• flu vaccinations;</li> <li>• full blood counts;</li> <li>• Human Papillomavirus vaccinations (HPV vaccines);</li> <li>• mammograms and breast sonars;</li> <li>• pap smears;</li> <li>• prostate-specific antigen screenings; and</li> <li>• testicular screenings.</li> </ul> <p>Limited to <b>2 events</b> up to <b>R 500 per event per policy per year</b>.</p> |

Waiting periods may apply. Refer to the **Waiting Periods** page.

| OVERALL POLICY LIMIT (OPL)                                                          |                          | BENEFIT NOT SUBJECT TO THE OVERALL POLICY LIMIT (OPL)<br><i>The following benefit isn't subject to the OPL because we give this benefit to you over and above those that form part of the OPL.</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
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| <b>LIFESTYLE BENEFIT</b>                                                            |                          | This benefit is a complimentary value-added product.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|  | <b>WELLNESS CARELINE</b> | <p>Coming in <b>2026</b>.</p> <p>Access a confidential support service through our partnership with <b>Reality Wellness Group</b>. Connect with qualified registered counsellors and social workers for one-on-one counselling, offered telephonically or virtually.</p> <p>Support is available 24/7 in all 11 official languages.</p> <p>Download the <b>Reality Wellness Group</b> Mobile App for expert resources, inspiring talks, and practical tools to support your overall well-being.</p> <p>Visit <a href="http://www.stratumbenefits.co.za/wellness-careline/">www.stratumbenefits.co.za/wellness-careline/</a> for more information on counselling services and app features, and to get your access code to create your Mobile App profile.</p> |

### COMPREHENSIVE BROCHURE

This is a condensed benefit brochure. To view or download our comprehensive **MERIDIAN<sup>400</sup>** brochure, visit [www.stratumbenefits.co.za/meridian400/](http://www.stratumbenefits.co.za/meridian400/) or scan the **QR code**.



### GAP MATCH

This guiding tool matches the best-suited **Gap Cover** option with your medical aid plan.

Go to [www.stratumbenefits.co.za/gap-match/](http://www.stratumbenefits.co.za/gap-match/) or scan the **QR code**.

Chat with your financial advisor to sign up, or contact our **Client Support Centre** for general questions and information.



## WAITING PERIODS

Waiting periods apply from your and your dependants' cover start dates, but never to accidental events that occur after your start dates.

### 3 MONTH GENERAL WAITING PERIOD

There's no cover during this period except for accidental events that occur after your and your dependants' cover start dates.

Unless we confirm otherwise, the following benefits are subject to this waiting period:

**GAP BENEFIT | CO-PAYMENT BENEFITS | SUB-LIMIT BENEFITS | CANCER BENEFITS | PREVENTATIVE CARE BENEFIT**

### 12 MONTH PRE-EXISTING MEDICAL CONDITION WAITING PERIOD

There's no cover during this period for investigations, medical procedures, surgeries or treatments related to any illness or medical condition diagnosed or for which advice or treatment was received **12 months** before your or your dependants' cover start dates.

Unless we confirm otherwise, the following benefits are subject to this waiting period:

**GAP BENEFIT | CO-PAYMENT BENEFITS | SUB-LIMIT BENEFITS | CANCER BENEFITS**

### EXCEPTION TO THE RULE

The following benefits aren't subject to waiting periods:

**CASUALTY BENEFITS | TRAUMA COUNSELLING BENEFIT**

**SWITCHING COVER FROM ANOTHER GAP COVER PROVIDER**

Transfer underwriting applies to applicants who switch cover from another **Gap Cover** provider.

Go to [www.stratumbenefits.co.za/gap-cover-transfer-process-for-individuals/](http://www.stratumbenefits.co.za/gap-cover-transfer-process-for-individuals/) or scan the QR code for our **Gap Cover Transfer Process for Individuals**.

**LIMITED PAYOUT BENEFIT**

Unless we confirm otherwise, the **Limited Payout Benefit** applies from your and your dependants' cover start dates.

**HOW IT WORKS**

If you claim from our **GAP BENEFIT**, **CO-PAYMENT BENEFITS** or **SUB-LIMIT BENEFITS** for any of the listed medical procedures or scans in the first **10 months** of cover, we'll pay **20%** of the **approved claim amount**, subject to applicable benefit limits.

If your medical event is related to a pre-existing medical condition for which you received advice or treatment **12 months** before your cover start date, the claim will be subject to a **Pre-Existing Medical Condition Waiting Period**.

- adenoidectomy;
- cardiovascular procedures;
- cataract removal;
- dentistry;
- hernia repair;
- hysterectomy (full cover if due to cancer diagnosed after the **General Waiting Period**);
- joint replacements;
- MRI, CT, and PET scans;
- myringotomy (grommets);
- nasal and sinus surgery;
- pregnancy and childbirth;
- scopes (including medical events where a scope is used);
- spinal procedures; or
- tonsillectomy.

**BENEFIT & GENERAL EXCLUSIONS**

**Gap Cover** works with your medical aid cover.

**Gap Cover** includes various benefits covering medical expense shortfalls for just about every medical eventuality.

Depending on the benefit's qualifying criteria, your medical aid must first pay a portion of the cost of a medical event before we step in and take care of the rest. However, not every medical event will qualify for benefits as policies are subject to benefit and general exclusions.

**BENEFIT EXCLUSIONS**

Your **Gap Cover** policy offers many benefits, each with specific qualifying criteria.

For more information about what you can and can't claim, go to [www.stratumbenefits.co.za/benefit-exclusions/](http://www.stratumbenefits.co.za/benefit-exclusions/) or scan the QR code.

**GENERAL EXCLUSIONS**

Exclusions apply to your policy and not only to specific benefits.

Go to [www.stratumbenefits.co.za/general-exclusions/](http://www.stratumbenefits.co.za/general-exclusions/) or scan the QR code to download our **General Exclusions**.

**EXPLAINER VIDEOS**

Go to our YouTube channel, [www.youtube.com/@stratumbenefits8206](https://www.youtube.com/@stratumbenefits8206), for short, animated videos that explain how our benefits work.

**FREQUENTLY ASKED QUESTIONS**

Reading through frequently asked questions is one way of understanding **Gap Cover** better.

Go to our **Frequently Asked Questions** page, [www.stratumbenefits.co.za/gap-cover-faqs/](http://www.stratumbenefits.co.za/gap-cover-faqs/), or scan the QR code.

**GET COVER!**

There's only one thing left to do.

Call your financial advisor, visit [www.stratumbenefits.co.za/get-cover/](http://www.stratumbenefits.co.za/get-cover/) to apply online, or download and email the application form.

